



Original Photograph by Joshua Riddell

*"God doesn't give
you anything that
you cannot handle"*

Happy Summer!

It has been a very busy last few months. So much so, that I find myself only having time to do quarterly newsletters instead of monthly.

March brought a successful class in San Diego along with several readings for my client base there. A trip to Pennsylvania was postponed due to various circumstances. I will let everyone there know the new dates when it is available. For those that scheduled a reading with me and cannot wait until I arrive, please contact me and we can set up an appointment for a phone reading.

This energy shift that we are going through has taken a toll on several different levels for many people. I feel like we need to review, once again the logistics of all this and place some much needed peace of mind for those of you out there. The many calls that I have gotten, discussions that I have been in and the panic I have felt from people going through these changes have been overwhelming. Not to point blame but these last few months have kept me busy counseling people through their ordeal, which leads to not having enough time to get other things done but I'm not complaining as that is my job now.

Right now, the new earth energy is upon us and taking us through some much needed change for our highest and best good. For those out there with medical, emotional and just life altering issues, this truly is what is needed to be dealt with. Please know that what we are experiencing is making us adjust our thinking and being. We do not get the full picture, just bits and pieces at this point. The best advice that can be given is to try and go with the flow. You cannot control one iota of what is going on, it's here for us to learn from and adjust us back to divineness. The best thing to do for yourself if you find that you are one of those recognizing that your life is upside-down is to just let it go and take care of yourself. Honor your body. Pay attention to taking care of what your body needs. If that means more rest and naps, a piece of chocolate, a salt bath, whatever it takes to ease your physical being through this time. If you have questions, email me. If this ends up a forum, so be it. Take care everyone and let me know if I can help you. Judee

Channeled Message

(We just experienced an energy shift in June and another one is expected in Sept./Oct. timeframe)

Your planetary and human evolutionary changes are upon you right now. How exciting is it to be living during this tremendous time. There are many processes which are culminating in a grand scale. You all should be very proud of yourselves!

The new earth energies are upon you at about a 60% level. You have accepted these energies thus far and will further enhance with the new energies until completion in 2012. This is the beginning of a great new time on your planet. Coming thru this process of energy changes can be very difficult for people. Whether you may realize this or not, the layers of these changes have been in duration for many months, happening all at the same time. Your balance is being in the NOW. Many of you have experienced the emotional, physical, mental and energetic changes in waves. This is what you think you have experienced but in our realm, it has happened all in one moment. Your vibratory rate dictates how much you will receive and purge. You may feel this as a long term process but you are only recognizing what you feel the strongest toward, while the changes are being experienced on all the other levels as well. *(The analogy that they are giving me is like dealing with an undiagnosed infection. You know something is wrong but cannot pinpoint exactly what that is. Some of your symptoms are un-definable. You may or may not notice that you have a fever and you will not know that your blood cells are changing to fight the infection. All of this is going on at once with just the human conscious knowledge that you don't feel well.)*

Your physical changes should have been noticed first, as that is what you would feel strongest toward. Also, the emotional changes due from this energy is felt differently dependant upon the person. Some have experienced intense anger to the opposite extreme of debilitating sadness and depression. Your "new life" as you have found yourself in, has led some of you to take on either a more active role in what is right or wrong about your society or has led you take responsibility for your own personal being. Many have turned toward self-reliance and a simple path of lifestyle. Many of you have purged quite intently. Purging people, things and blockages out of your existence is the sign that you are gearing up your vibratory level. Many of you can only be in the presence of other like vibrational people. These changes will continue on until your being and vibration is at a level where it needs to be for the final transformation to the new earth. This is truly a time for refinement to all that is meant to be for our highest good.

We are guiding you always, even in times of doubt. We are monitoring your progress and sending you support in your time of evolution. Keep in the NOW, honor yourself and know that you are truly loved!

Past Lives by Sign

By [Simone Butler](#)

Provided by [Tarot.com](#)

Have you ever wondered about your former lives? Your Sun sign (and Moon sign, if you know it) provides intriguing clues to the past, which lives on in your subconscious mind. An Aries who's always sparring for a fight may once have braved the harsh deserts of the Middle East as a warring nomad. And where does Gemini get that agile mind? From lifetimes in ancient Greece spent learning many languages. A Cancer's life is all about family due to memories of rearing children in matriarchal Crete. Capricorns rise naturally to a responsible position because they were once military strategists in ancient China or Native American chiefs. Who were you in a previous lifetime?

Aries (March 21 to April 19)

In your heart, Aries, you're a warrior ... and always have been. Memories of glory on the battlefield still live on in your soul, which explains why you're so quick to take offense or fight for what you believe in. You may have been a tribal warrior in ancient Palestine, or fought as a Ninja in Asian lands. Perhaps you honed your athletic skills as a runner in ancient Sparta, or used your brawn to defend your Macedonian king. Now your challenge is to utilize your fiery, impetuous nature to bring about peace instead of war.

Taurus (April 20 to May 20)

A deep love of nature is imprinted in your soul, Taurus, from lives spent raising plants and animals in pastoral settings like Thailand or the South Seas. This explains your green thumb! And, you honed your love for beauty and art crafting objects such as woven tapestries and shoes, likely in Oriental cultures ... where your well-developed feminine sensibilities were highly regarded. In pre-Columbian America, you honored the Earth as your mother. In your pursuit of material things, remember that She is your true security.

Gemini (May 21 to June 20)

You've always been a restless soul, Gemini, even in past lives. You sought action and adventure in Europe in the Middle Ages, and may have even been among the nobility of France or England. Jousting tournaments or trade caravans to India or China were part of your world. Fleet of foot and tongue, you were often cast in the role of messenger or translator. Your thirst for knowledge and novelty has led to an overdeveloped mind, but now it's time to cultivate the heart.

Cancer (June 21 to July 22)

Your past lives have often revolved around family dramas, Cancer. Sometimes you play the role of dutiful mother, and other times you are the rebellious or dependent child. You probably lived in matriarchal, close-knit cultures such as those of early Egypt, in which the Great Mother was worshipped as all-powerful. Though you learned to be an excellent nurturer while raising many children or care-taking others, you may have failed to develop your individuality. Now you must seek to understand and nourish yourself.

Leo (July 23 to Aug. 22)

Royalty runs in your blood, Leo. Those childhood daydreams of the courts of Kings and Queens in Europe or ancient Mesopotamia may have their roots in distant memories. Ever wonder why you're so comfortable being in the center of things? You've spent many lifetimes as an accomplished performer -- from Roman gladiator to celebrated Italian opera singer. Or perhaps you were a high-ranking Viking general. Your ego is well developed -- now you're learning to harness it to work for the good of the whole.

Virgo (Aug. 23 to Sept. 22)

Your uncanny ability to serve and heal others is not new to you on a soul level, Virgo. You were probably a monk or nun in medieval Europe, setting aside your personal concerns for a higher purpose. And your talent for separating the wheat from the chaff derives quite literally from lifetimes as an herbalist or farmer, perhaps in Celtic lands. While initiating young people in an Amazon rain forest tribe, you became a great teacher. Your challenge now is to shift from industrious doing to relaxed being ... and enjoy life!

Libra (Sept. 23 to Oct. 22)

Picture yourself strolling the manicured gardens at the court of Louis the Fourteenth. Your refined sensibilities and love of beauty were developed long before this lifetime, Libra. You were likely among the great artists and poets of ancient India or classical Greece, and had your heyday in the Italian Renaissance. But your sense of justice was also sharpened by being a "have" in a "have-not" world. Now, your mandate is to help balance the scales.

Scorpio (Oct. 23 to Nov. 21)

Your soul has often journeyed through dark and dangerous realms, Scorpio, in its search for deeper meaning. You may have been a slave or concubine in ancient Persia, learning how to retain your dignity even while subject to another. Or, perhaps you were a medieval alchemist or astrologer, divining the secrets of the universe. You may have been among the culturally advanced Chinese, where you learned to perform what was required ... but also to suppress your feelings. Being upfront is your challenge in this life.

Sagittarius (Nov. 22 to Dec. 21)

In your quest for freedom, Sagittarius, you've been exploring the world for millennia. You may have crossed the country in a covered wagon or the ocean as a Spanish explorer. And, you didn't hesitate to invade and defeat the cultures you met to forge your new life. Perhaps you pursued a spiritual calling as a priest or evangelical missionary. Either way, you were often separated from your family and culture. You've become a budding planetary citizen ... now your task is to put down roots and blossom.

Capricorn (Dec. 22 to Jan. 19)

You've always been wiser than your years, Capricorn ... because you've spent lifetimes honing your skills and executive capabilities. You were probably among the natives of North America, where you developed a knack for living close to nature and being a leader among men. You're a natural builder and may have helped to construct pyramids in Egypt or Peru, where your spiritual interests were first piqued. Now you must learn to fuse the material and spiritual ... to create heaven here on earth.

Aquarius (Jan. 20 to Feb. 18)

Your role as a dreamer and visionary dates back to prior lifetimes, Aquarius. According to psychic Edgar Cayce, your sign is associated with the prehistoric "space age" civilization of Atlantis, which sank beneath the waves due to misuse of technology. No wonder you're so attuned to computers, mathematics and symbolic systems like astrology. In ancient Baghdad, you may have been the king's magician. Or more recently, you helped develop atomic energy. You're called to use your brilliance to serve mankind.

Pisces (Feb. 19 to March 20)

You're an "old soul," Pisces -- this may well be the last of many lifetimes for you. Because you've long subjugated your ego to a higher cause -- perhaps as a healer or spiritual initiate -- the light of love and compassion shine strongly in you. You're well acquainted with sacrifice, perhaps literally as an Aztec offering to the land. You may also have subconscious memories as a follower of Jesus. You're accustomed to setting aside your personal concerns for the good of all ... just make sure your needs are also met.

"Your friends are God's way of apologizing for your family" Dr. Wayne Dyer

Spiritual Links.....Our Featured Talent of the Month



DOLORES CANNON, CH, PLT

Dolores Cannon, a regressive hypnotherapist and psychic researcher, who records lost knowledge, was born and educated in St. Louis, MO, until her marriage to a career Navy man. While raising their children they traveled all over the world, retiring to the hills of Arkansas.

Involving herself with *hypnosis* as well as *past-life therapy* and *regression*, Dolores has developed her own technique that has enabled her to gain the most efficient release of information from her clients and is now teaching her unique technique of hypnosis all over the world. Classes scheduled at this time in the States are as follows:

July 30 - Dolores Cannon's Hypnosis Training Class, Level Two - Fayetteville, AR
You must have taken Dolores' 3-day class to take this class

July 31/August 2 - Dolores Cannon's Hypnosis Training Class, Level One - Fayetteville, AR

Other classes are taught through out the year in other countries. Please visit the Ozark Mountain Publishing web site for an updated list www.OzarkMt.com. Please feel free to contact us for more information at 479-738-2348 or 800-935-0045 or e-mail decannon@msn.com

As an international speaker, who has lectured on all the continents, she is also an author of fourteen books which are translated into twenty languages. The Orpheus Award was presented to her in Bulgaria and she was the first American and the first foreigner to receive this honor, for the highest advancement in the research of psychic phenomenon. Her Convolutioned Universe series is among the most popular along with the Conversations with Nostradamus set. Additionally, she has received Outstanding Contribution and Lifetime Achievement awards from several hypnosis organizations and has a weekly radio show. Dolores' weekly Internet radio show can be heard on www.BBSRadio.com at 7:00 pm Central time every Friday. A free archive of the shows can be found on her site www.CannonArchives.com.